

MythoSelf™ Facilitator's Certification Process:

General Notes:

All MythoSelf™ Facilitator Certification Candidates must complete all five phases of the MythoSelf™ Facilitator's Certification Process. This process requires a minimum of twelve months to complete, with eighteen to twenty-four months being more typical. Only those candidates who successfully and fully complete the certification process described below will be granted approval and invited to become Certified MythoSelf™ Facilitators joining the community of Licensed MythoSelf™ professionals.

MythoSelf™ Facilitator Certification Candidates must complete a minimum of 254 hours of training, mentored client facilitation and individual mentoring prior to becoming eligible for licensure as a MythoSelf™ Facilitator (Mytho2 Facilitator's Training – 144 hrs., Mytho4 Advanced Facilitator Training – 35 hrs., Mentored Client Facilitation – 50 hrs. and Individual Mentoring – 25 hrs.). In addition all candidates must also pass a rigorous review process under the direct supervision of Joseph Riggio, developer of the MythoSelf™ Process and the Board of Licensed MythoSelf™ Trainers.

Upon licensure and acceptance as a Certified MythoSelf™ Facilitator annual license renewal requirements continue to apply and remain in effect. The result of these strict requirements for initial and continued licensure as a Certified MythoSelf™ Facilitator ensures the highest possible degree of commitment, competency and quality within the community of Licensed MythoSelf™ professionals.

Phase One:
MythoSelf™ Process Training/Experience

Anyone interested in pursuing MythoSelf™ Facilitator's Training and Certification must first either attend a MythoSelf™ program, attend a one-day Mytho2™ Pre-Training or complete a minimum of 4 hours of Private MythoSelf™ Work with a Licensed MythoSelf™ Trainer (and be recommended to the program by that Trainer) prior to entering the Mytho2™ Facilitator's Training.

[Note: When choosing the Private MythoSelf™ Work option (with a Licensed MythoSelf™ Trainer) the 4 hours may be done in a manner most suitable to both the client and the Trainer, e.g.: four individual hourly sessions, one single four-hour session, or any combination of sessions equaling at least four hours of private one-to-one MythoSelf™ work.]

Phase Two:
Mytho2™ Facilitator's Training

All MythoSelf™ Facilitator's Certification Candidates must attend and complete a sixteen-day Mytho2™ Facilitator's Training program conducted in (4) four-day long weekends over the course of twelve months, conducted by or under the direction of Joseph Riggio, who may be assisted by other Licensed MythoSelf™ Trainers.

Any time missed from this training must be made up at either another Mytho2 Facilitator's Training (this is the preferred method), or in one-to-one work with a MythoSelf™ Trainer (other than the Mentoring Trainer). This is in addition to and outside of the mentoring requirement described in Phase Three below.

[Note: All MythoSelf™ Facilitator Certification Candidates must be recommended by a MythoSelf™ Licensed Trainer to continue beyond Phase Two and begin Phase Three of the MythoSelf™ Facilitator's Certification Process program.]

Phase Three: MythoSelf™ Facilitator Candidate Mentoring

Phase Three, Part One:

All MythoSelf™ Facilitator's Certification Candidates must engage in a minimum of twenty-five hours of one-to-one mentoring contact arranged with a mentor who is a Licensed MythoSelf™ Trainer. The total number of hours may exceed the minimum twenty-five hours at the discretion of the MythoSelf™ Mentoring Trainer.

The mentoring relationship during Phase Three of the MythoSelf™ Facilitator's Certification Process may be completed concurrently with Phase Two: Mytho2™ Facilitator's Training, however the twenty-five hour mentoring requirement is above and beyond the 144 hours spent attending and completing their Mytho2 Facilitator's Training.

Phase Three, Part Two:

Beginning no sooner than after completion of Weekend Two of the Mytho2™ Facilitator's Training:

All candidates for MythoSelf™ Facilitator Certification must work under the guidance of a Mentoring Trainer over at least a six-month period with a minimum of five individual clients facilitating MythoSelf™ work for no less than fifty hours of actual face-to-face contact. During this time at least two client sessions must be arranged with their Mentoring Trainer present.

All client sessions during this time must include case notes of the sessions for review by and with their Mentoring Trainer. While this conversation may be very specific regarding content and process the client's identity and all revealing personal information should be kept confidential and private between the candidate and the client, unless the client has given their express permission for this information to be shared.

[Note: Case notes as well as any information shared between MythoSelf™ Facilitators/Trainers is considered protected and confidential at all times and in no case should the client's identity and/or personal information be revealed, even to the Mentoring Trainer, without the client's prior knowledge and permission or through request by an official court order or warrant.]

Phase Three Notes:

Upon acceptance into Phase Three of the MythoSelf™ Facilitator's Certification program the candidate may use the title "Associate MythoSelf™ Facilitator," but may not use any form of the following until completion of the MythoSelf™ Facilitator's Certification Process and licensure as a Certified MythoSelf™ Facilitator; "Licensed MythoSelf™ Facilitator," "Certified MythoSelf™ Facilitator" or "Licensed Certified MythoSelf™ Facilitator." The title "Associate MythoSelf™ Facilitator" is a provisional designation only and may be revoked at any time for any reason or no reason at all at the sole will and discretion of the Board of Licensed MythoSelf™ Trainers and/or the Chairman.

The twenty-five hours of contact with the Mentoring Trainer may occur as a result of assisting on a MythoSelf™ or Mytho2™ program (other than the one they are attending as Phase Two: MythoSelf™ Facilitator Training within their own certification process) with the prior agreement of the Mentoring Trainer as well as the Trainer running the program.

All MythoSelf™ Facilitator Certification Candidates are to complete the fifty hours of client contact outside of and separate from attendance in any MythoSelf™ or Mytho2™ training programs.

[Note: Completion of any or even all phases of the MythoSelf™ Facilitator Certification Process does not guarantee that the candidate will be recommended or granted approval to become a Certified MythoSelf™ Facilitator. Approval and acceptance of all candidates for certification and licensure are subject to review by the Board of Licensed MythoSelf™ Trainers and at the discretion of the Chairman.]

Phase Four: Mytho4 Advanced Facilitator Training

All MythoSelf™ Facilitator's Certification Candidates must attend and complete a four-day Mytho4™ Advanced Facilitator Training program conducted in (2) two-day weekends over the course of twelve months, conducted by or under the direction of Joseph Riggio, who may be assisted by other Licensed MythoSelf™ Trainers.

Any time missed from this training must be made up at either another Mytho4™ Advanced Facilitator Training (this is the preferred method), or in one-to-one work with a MythoSelf™ Trainer (other than the Mentoring Trainer). This is in addition to and outside of the mentoring requirement described in Phase Three above.

Phase Five: Third-party Review and Recommendation

Upon completion of Phase Four of the MythoSelf™ Facilitator's Certification process and with the recommendation of a Licensed MythoSelf™ Trainer all MythoSelf Facilitator Certification Candidates must complete a single in-person or telephone interview with a second Licensed MythoSelf™ Trainer to review and support their suitability and readiness to receive certification and become a Licensed MythoSelf™ Facilitator. This process is not designed to exclude anyone who's made it this far in the MythoSelf™ Facilitator's Certification process, it is to determine by third-party review a full recommendation for acceptance into the community of Licensed MythoSelf™ professionals. Any issues or concerns uncovered in this phase would be referred back to the applicant's Mentoring Trainer for additional review and attention.

Certification and Licensure: Licensed MythoSelf™ Facilitator Designation

Upon completion of Phase Five of the MythoSelf™ Facilitator Certification process and the recommendation of both the Mentoring Trainer and the Third-Party Reviewing Trainer the MythoSelf™ Facilitator Candidate will be granted approval for full certification and licensure as a Certified MythoSelf™ Facilitator. Upon signing the MythoSelf™ Facilitator's licensing documentation they will be officially and formally accepted into the community of Licensed MythoSelf™ Facilitators and may use the designation and title "Licensed MythoSelf™ Facilitator," "Certified MythoSelf™ Facilitator" or "Licensed Certified MythoSelf™ Facilitator" at their discretion and in accordance with the provisions of the MythoSelf™ Facilitator's license agreement.

MythoSelf™ Facilitator's Licensure Renewal:

All MythoSelf Facilitator's Licenses must be renewed yearly as per the following licensure requirements:

1. Attendance on a MythoSelf™ Process program or a four-day weekend of a Mytho2™ program, either as a participant (or as an assistant with the agreement of the Trainer running the program).
2. A minimum of six hours of mentoring arranged with a Licensed MythoSelf™ Trainer conducted within twelve months.
3. A minimum of twenty-four hours facilitating the MythoSelf™ process with clients documented for review by a Licensed MythoSelf™ Trainer (this may be done within the mentoring arrangement noted in item three above).
4. At least one case-study presented for review and/or publication documenting client work facilitating the MythoSelf™ Process.

In addition, every three years or less all Licensed MythoSelf™ Facilitators must attend a Mytho4™ Advanced Facilitator's Training program (open only to those who have completed a Mytho2™ Facilitator's Training program).

From time to time there may be additional requirements imposed upon Licensed MythoSelf™ Facilitators as part of the license agreement; such as the reading of a book or article that advances their knowledge base, viewing from a selected list of motion pictures that are considered highly values within the model or attendance at a program or conference of their choosing suitable for professional development.

Licensed MythoSelf™ Facilitator Formal Review and Censure:

All Licensed MythoSelf™ Facilitator's will be required to review and fully agree to abide by and with the "MythoSelf™ Facilitator's and Trainer's Code of Conduct" at all times. Any violation of this code will be subject to review by a board of Trainers convened for this purpose. The board will submit its recommendation to the Chairman who will then decide upon whatever action is deemed appropriate and necessary, including but not limited to any range of action from a complete dismissal of the violation complaint to revocation of licensure. Any action other than a complete dismissal of the violation complaint will be kept as a part of the permanent record of the Licensed MythoSelf™ Facilitator. All proceedings of the board, other than the Chairman's decision, will be kept sealed and confidential regardless of the outcome.

On Becoming a Licensed MythoSelf™ Trainer ...

Many people beginning the process of becoming a member of the community of MythoSelf™ professionals begin to wonder what it takes to earn and receive the right to use the designation MythoSelf™ Trainer. Beyond having fully completed the requirements for becoming a Licensed MythoSelf™ Facilitator all Licensed MythoSelf™ Trainers have typically completed a minimum of five years as MythoSelf™ Facilitators and have been personally invited by the Board of Licensed MythoSelf™ Trainers and/or the Chairman to begin the formal process of fulfilling the requirements to become a Licensed MythoSelf™ Trainer. Typically this process requires an additional one to three years to complete.

For More Information:

To learn how you can begin the MythoSelf™ Facilitator Certification Process yourself, find out when and where MythoSelf™ Process and/or Mytho2™ Facilitator Training programs are being conducted, contact a Licensed MythoSelf Facilitator and/or Trainer to arrange for Private MythoSelf™ Work, or to have your inquires or questions answered contact us at info@mythoself.com.